

*We do not inherit the earth from our ancestors,  
we borrow it from our children.*

Native American Proverb

## re•vision

engaging depth and shadow in the craft of  
soulmaking

### trainers biography

**Joan Crawford** is a registered psychotherapist and a trainer and supervisor at Re•Vision. She co-organised the 2008 EFPP Summer School, "Between Hope and Anguish: the Soul's Challenge in a time of Planetary Crisis". She is a facilitator of Be The Change Symposium, addressing issues of environmental sustainability, social justice and spiritual fulfillment.

**Chris Robertson** is a registered psychotherapist and has been a supervisor and a trainer since 1978 teaching and writing about Soul in a collective context. He is a co-founder of Re•Vision, author of the article 'Dangerous Margins' and co-author of *Emotions and Needs (OUP)*.

**Mary-Jayne Rust** is an ecopsychologist informed by trainings in art therapy and Jungian analysis. She lectures and facilitates workshops on Ecopsychology in a wide range of settings. Details available on [www.mjrust.net](http://www.mjrust.net).

### application procedure

Please consider the following questions:

- Why do you want to do this training?
- How do you intend to use it?
- What are your relevant qualifications and experience?

Please send answers together with details of your name, occupation, contact address, telephone number and email address to Re•Vision with a non-returnable fee of £50. You may be asked to attend for interview.

### a green eye on psychology

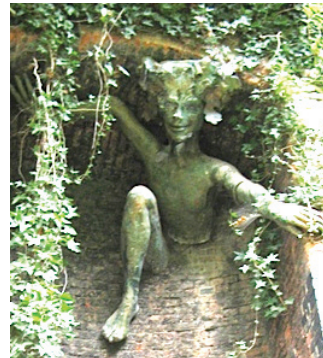
The shift from ego-centric to eco-centric calls for:

- an appreciation of beauty and compassion as healing gifts of the earth
- a humbling recognition that cultural symptoms such as dissociation, depression and grief need nature to heal
- acknowledgement that the distress of borderland/sensitive clients is symptomatic of a collective anguish
- deconstructing the cultural distortions of our relationship to the nonhuman world.

### a psychological eye on ecology

Our stubbornness to respond to ecological crisis needs deeper reflection on such questions as:

- how to engage a lived experience of interdependence that cuts through our projections and rationalisations?
- are the destructive and violent aspects of human behaviour an inherent reflection of nature itself?
- might the separation from nature be part of human nature and have an evolutionary purpose?
- might current human behaviour be seen as acting out a collective trauma?



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# ecopsychology course



## ECOPSYCHOLOGY

November 2011 - June 2012

*an in-depth course casting  
a psychological eye on green matters  
a green eye on psychological matters*

*The natural world is the larger sacred  
community to which we belong. To be alienated  
from this community is to become destitute  
in all that makes us human. To damage this  
community is to diminish our own existence.*

Thomas Berry

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Re•Vision is a member of, and its training is accredited by,  
the British Association for Counselling and Psychotherapy  
(BACP) and the UK Council for Psychotherapy (UKCP).

*Only in reciprocity with what is Other  
do we begin to heal ourselves.* David Abram

## ecopsychology in-depth course

This course aims to catalyse exploration and response to the many levels of our planetary crisis, including practical, emotional and spiritual challenges.

Our starting point is our love of the Earth and our longing to reconnect - as well as acknowledging our collusion the cultural disconnect that destroys the web of life.

We aim to develop the skills to respond to crisis, such as:

- Being able to contain anxiety and think creatively
- Developing an ecosystemic approach to problems that sees things in a wider context
- Using play and imagination to develop kinship with the more-than-human world
- Creating a space to develop an attuned response, relatively free of emotional pollution
- Working with story and dream to be better able to participate in the big dream that is being told through us

We will draw on the diverse influences in ecopsychology including: ecosystemic thinking; archetypal psychology; shamanism; cultural critiques; spiritual disciplines; community engagement.

An increased ecopsychological awareness will help us to recognise the pervasiveness of the symptoms of our dissociated consumer culture in our work and to develop an embodied language that communicates the relevance of psychotherapeutic thinking and ecological practice.

Through the experience of belonging to a fertile learning community we hope to engender a vibrant trust in the hidden resources of the Earth and our inter-connectedness with the more-than-human.

*Psychology, so dedicated to awakening human consciousness, needs to wake itself up to one of the most ancient human truths: we cannot be studied or cured apart from the planet.*

James Hillman

## Comments from previous participants

*In the safe embrace of this warm and supportive group, we could uncover the hidden roots of ecological destructiveness inside ourselves.* Anuradha

*As an economist working on green issues and sustainable development I found this course personally challenging and professionally invaluable. Its explorations of the 'borderland' area of eco-psychology revealed one simple but profound truth - that economics and green economics above all begins in the mind!*

Mark

*The six months was an experience of deepening into feeling, and the feeling earth, and about responsibilities and priorities.*

Mike

*The Ecopsychology course at Re-vision is challenging, informative and will stretch your perception of the field of therapy to encompass the larger perspective of the planet that supports all of our efforts. I found the course emotionally challenging but also transformational in a deep and lasting way. It felt like an awakening to a deeper level of perception, understanding of myself, my work and the ecological issues we face at this pivotal time in human history. It has made me take action in my life to live a more sustainable lifestyle and also given me the confidence to raise environmental issues in my work with clients. It is powerful material and perhaps not for the faint hearted having said that I would not have missed it.* Susan



## course structure

The course will take place over eight months: November 2011 - June 2012. It involves:

**2 residential weekends** (18-20 Nov 2011 & 5-7 May 2012) to meet as a group to tell our Earth stories, to remember and deepen our relationship with the more-than-human and to seek guidance on projects. These will be at Holycombe in Cotswold.

**Monthly Friday 2-7.30/Saturday 10-5.30 for 4 months**  
27/28 Jan; 24/25 Feb; 23/24 March; 15/16 June 2012

Themes for the seminars include:

- Consuming the Earth: exploring the stories that underlie consumerism
- Collective denial or initiation: cultural narcissism, shadow and collective rites of passage
- Ecological unconscious and envisioning the future

There will be opportunities for working with our senses and ecological sensitivity as the group develops its own life and community.

**The final Saturday** (16 June 2012) will involve presentations of ecopsychology projects created during the course. Participants will be expected to devise practical projects that ground their ecopsychology learning. There will be in-between groups to discuss and develop projects.

## fees

The teaching fee for the eight month course is £850 (payable in installments) plus residential costs (approx £260 )

*What is the pain we feel - and desperately try not to feel - in this planet-time? It is pain for the world... It is the pain of the world itself, experienced in each of us...*

Joanna Macy