

Ecopsychology: a time for re-visioning

Day Conference 23rd January, 2010 at The Node, Herts



"... Once upon a time there was a polar bear. He had nowhere to live so he came to live in your head. You started to think polar bear thoughts about icyness and wilderness. You went shopping and looked at fish. At night you dreamed your skin was fur." Jeanette Winterson

This one day conference will be an exploration of the potential dance between *eco* and *psyche*. It will draw on dreams, dialogue, ritual and play. We hope that it will bring a different perspective to both clinical issues and the role of psychotherapy within our present cultural troubles.

Afternoon workshops

Council of All Beings – Joan Crawford

Revitalising our imaginations and transcending our narrow identification as humans allows us to experience our precious world from within and to access our evolutionary memory. In this workshop we will inhabit and embody other life forms and let them speak through us. Through this process we will discover our interconnection with all life forms.

*Joan Crawford is a registered psychotherapist and a trainer and supervisor at Re•Vision. She was responsible for organising the 2008 EFPP Summer School, "Between Hope and Anguish: the Soul's Challenge in a time of Planetary Crisis". She is a facilitator of the **Be The Change Symposium**, a presentation addressing issues of environmental sustainability, social justice and spiritual fulfillment.*

The Death of Dreams and Dreams of Death – Chris Robertson

We will explore two interlinked processes:

The death of dreams - our capacity to imagine outside of our conditioned cultural reality is vital to our survival. When cultural imagination is impoverished, we need to release Pegasus from the Gorgon stare. Dreams of death - guidance from Hades can support us facing into the dread, the symbolic death that the ego seeks to avoid and like Psyche in the underworld opening to instinctual support, engender a new vitality. We will see how this offers a new perspective for work with those clients living at the borders.

Chris Robertson is a registered psychotherapist and has been a supervisor and a trainer since 1978 teaching and writing about Soul in a collective and interconnected context. He is the training director of Re•Vision and co-author of Emotions and Needs.

Ecological Crisis as Archetypal Journey – Mary-Jayne Rust

Ecological crisis can arouse extreme responses, from rage, guilt, judgement and the silencing paralysis of Medusa, to the wild freedom of The Fool, stirring our dreams and excitement for a different future present. Within this spectrum, what niches do we occupy within ourselves and between each other? Is it possible to play within this most serious and deadly place?

Mary-Jayne Rust is an Ecopsychologist informed by trainings in art therapy and Jungian analysis. She lectures and facilitates workshops on Ecopsychology in a wide range of settings. Details available on www.mjrust.net.

A Work against Nature – Michael Whan

Alchemy spoke of itself as a *Work against Nature*. What could this mean then and now? We will work and play with dreams, reflections and dialogue to deconstruct simplistic views of our cultural alienation in order to explore where a more ambiguous and complex approach might lead us.

Michael Whan is a member of the Independent Group of Analytical Psychologists, and has given lectures and seminars on its training programme. He has a long time interest in ecopsychology and has published in the journals Dragonflies, Spring, and Harvest.

Schedule

9am	Registration
9.30-10.45am	Dream matrix: an underworld perspective on our troubles
10.45-11.15am	Coffee break
11.15am-12.45pm	Ecopsychology: why now? Workshop presenters dialogue
1.00-2.30pm	Lunch
2.30-5.30pm	Workshops
5.30 – 6.15pm	Closure

This conference is open to all Re•Vision students, graduates, their friends and colleagues. It is also open to those in the helping professions with relevant experience. Please note that workshop choices will be made on the day.

Venue: the Node Conference and Training Centre

Codicote, Nr. Hitchin, Hertfordshire SG4 8TL

Tel: 01438 820361 Email: node@chartridge.co.uk web: <http://www.chartridge.co.uk/>

Please cut and return application form application form or use web form at re-vision.org.uk

I would like to reserve a place at this ecopsychology day conference:

Name:

Address:

.....

Tel: Email:

Training Organisation from which you Graduated (*if counsellor or psychotherapist*):

.....

Other profession or job title.....

Fee: £115 including hot lunch and refreshments

I enclose cheque (*payable to Re•Vision*) for £

You can also pay direct to the Re•Vision bank account. Please call the office on 0208357 8881 for details

Numbers are strictly limited; early application is recommended

Cancellations Policy:

1 month prior to event – 75% refund; Within 1 month – 50% refund; Within a week – no refund.



Centre for Integrative Psychosynthesis 97 Brondesbury Road London NW6 6RY

tel: 020 8357 8881

web: www.re-vision.co.uk

email: re-vision@ntlworld.com

