

“supervision is the crucible where the craft of psychotherapy gets formed and transformed”

minimum entry requirements

Applicants are expected to be qualified in counselling to diploma level from a recognised course that is comparable with that of Re•Vision. In addition they will be expected to have:

- at least two years post-qualification experience as a counsellor
- at least two supervisees during this course so that material from their work can be explored in the supervision groups.

qualification

Students will receive the Diploma in Supervision, following satisfactory assessment of the following:

- 40 hours of supervisory practice
- 4000 word case study
- presentation of case study to peers and trainers.

application procedure

Please consider the following questions:

- Why do you want to do this training?
- How do you intend to use it?
- How do you satisfy the entry requirements above? (Please detail training, relevant qualifications and field of experience).

Send your typewritten answers together with details of your name, occupation, contact address, telephone number and email address to Re•Vision with a non-returnable fee of £50. You may be asked to attend for interview.

re•vision

**a unique combination of heart,
head and soul**

Re•Vision is an educational charity set up in 1988 for the purposes of offering an integrative and transpersonal approach to counselling and psychotherapy, grounded in good practice.

Re•Vision offers a wide range of training programmes and services including:

transitions

A four day course exploring pivotal change process. An experiential introduction to the ideas and methods of Integrative Psychosynthesis for those seeking to expand their counselling skills through spiritual vision.

counselling training

A three year course leading to a BACP accredited Diploma in Integrative Psychosynthesis Counselling.

psychotherapy training

A post-qualifying UKCP accredited training that deepens counselling training to a psychotherapeutic level. It integrates different traditions particularly the developmental and archetypal.

couple work training

This six month training clarifies the difference in working with couples and provides the basis for integrating new skills and knowledge. A further six month extension takes this to diploma level.

group facilitation training

Provides a transpersonal framework for engaging the life and dynamics of groups. It situates group life within the gap between experience and the language. It consists of 6 Saturdays and 12 evening groups over nine months.

SUPERVISION WITH SOUL

re•vision

Centre for Integrative Psychosynthesis

a soulful relationship is at the heart of supervision

aim

The principle aim of this training is to bring together the professional standards of good supervision with the depth and quality of a transpersonal perspective that honours the life of soul.

why this training?

This training manages to be open and yet challenging. While recognising that supervision is a multi-layered process, requiring a high degree of reflexive awareness, it is not value free. This training brings the supervision relationship to the foreground of supervision practice and demands the supervisor to be using themselves in a transparent and authentic manner.

The integrative approach enables us to supervise across a range of theoretical orientations while allowing the individual's own values to form the central pillar of their understanding.

who is it for?

This training is open to qualified counsellors and psychotherapists, with experience, who:

- wish to develop their supervisory skills within an integrative and transpersonal perspective
- seek a suitable training in support of an application for supervisor accreditation.

what are the practical benefits?

- develop your professional competence and creative capacities of supervision
- broaden your knowledge base with models of supervisory practice
- clarify the functions of supervision and how these can serve the life of soul
- build on your previous training in an integrative and transpersonal framework
- reconnect to your sense of vocation and values within a peer learning community

weekend modules

1: from therapist to supervisor Jan 16/17

What do we look for in a supervisor? By looking at our assumptions and beliefs we can begin to build a picture of good supervision based on experiences, and in relation to three classic roles for supervision. We clarify what nourishes or stunts the supervisory alliance, examining both hopes and fears in each of us.

2: models of supervision Feb 20/21

We will explore the role of theory in helping the supervisor structure the complexity of attending to both client and supervisory relationships. Working with a variety of models, we address the supervisory task while remaining authentic and true to our own voice.

3: a soulful perspective March 13/14

From where in ourselves do we supervise? While so much theory is ego based, this module will help supervisors open to the mystery that operates through the relationship. Drawing on Jung's idea of synchronicity to deepen the work of parallel process, we will explore the archetypal influences on the supervisory couple.

4: field theory in supervision April 17/18

This module introduces a creative model for group supervision, which includes working with parallel process and field dynamics. This exciting approach frees up the supervisor to work with implicit group patterns which reflect on the therapist/client dyad.

5: power in the relationship June 12/13

We will explore power differentials across the supervisory roles to explicate implicit assumptions and see how power can be misused or insufficiently used. We will look at negative transference and the management of conflict to find the creative edge in supervision.

6: challenges in supervision July 24/25

The final module explores some of the thorny issues facing supervisors, such as persecutory anxieties about confronting. In looking at boundaries, personal authority, cross-cultural dynamics and working with difference in gender, culture and race, we will seek a stance that enriches the therapeutic relationships.

learning style

The training team bring together different theoretical orientations within a transpersonal and integrative framework. They draw on a rich experience of psychotherapy and supervision and offer a lively, experiential and well-informed approach to learning. **re-vision** uses an 'inside-out' method, encouraging students to integrate skills into their own reality rather than using them as a technical means to an end.

training format

This part-time training takes place in two parts. The first comprises six weekends spread over seven months without the requirement of writing or of assessment. The second part provides the means to ground or express what has been incubated through supervision of supervision and study groups.

Part 1: The training group will cover the material shown in the adjacent column. Participants will be encouraged to arrange peer practicums and individual supervision will be available to those already supervising. Part 1 may be sufficient for some practitioners who want to include an understanding and awareness of the supervisory process in their work. A certificate is given at the end.

Part 2: Is the means to extend the learning to a professional diploma. It includes 8 monthly supervisions together with 2 study groups designed both to interate theory into practice and to support the writing of a 4000 word case study. Additional individual supervision and support is available on request.

previous students have said:

This training has been both solid and inspiring, covering professional ground while bringing in a profound depth that has rekindled my excitement about supervision..

I felt both held and challenged which reflects the qualities of a good supervisor

After years of practicing alone, it was wonderful to be learning together with other practitioners in a well orchestrated group.